

staple here

bread



**Book title:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Grade:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Draw your own version of the book's cover.

\_\_\_\_\_ staple here \_\_\_\_\_

[illegible]

staple here

tomato



**Describe your favourite character in the story and explain why.**

Lined area for writing the response, enclosed within the tomato shape.

staple here

cheese

**Describe and draw your favourite moment in the story.**



\_\_\_\_\_ staple here \_\_\_\_\_



2 In the story, Emma and her friends fuel their bodies with meals and snacks. They also like to stay active and play outside. Name and describe 1 thing you do for your wellness (e.g., eating nutritious foods, proper sleep, limiting screen time, physical activity, good hygiene, positive relationships, spending time with friends and family, mental and emotional wellness, community involvement and spending time outside).

A worksheet for practicing cursive writing. It features a large cursive letter 'w' at the bottom, followed by several rows of horizontal lines for practice. The letter 'w' is shown with a dashed outline for tracing and a solid outline for copying. The practice lines are also accompanied by dashed outlines of the letter 'w' for tracing.

bread,



Using this T-chart, list the foods you saw or read about in the book and organize them according to foods grown or produced in Canada and foods grown or produced elsewhere in the world.

Foods grown or produced in Canada	Foods grown or produced elsewhere in the world