

# MY WIGGLY TOOTH



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Dairy Farmers of Canada would like to acknowledge the contributions made by Indigenous partners in the representation of the book's Mi'kmaq character, Nadine.

## MI'KMAW MOTIF DESIGNS

The double curve motif design associated with the Mi'kmaq nation can be traced back to pre-contact petroglyph art found in the traditional coastal regions of the Maritime provinces. What sets these motif patterns and designs apart from those of other Indigenous nations is their floral representation. These patterns would traditionally be found on clothing (look for the motif at the bottom of Nadine's shirt when reading the book), birch bark canoes, furnishings and body art.

## THE MI'KMAQ

The Mi'kmaq, who also call themselves L'nu, are the coastal Indigenous peoples of the Maritime provinces (and the Gaspé Peninsula) and are known as People of the Dawn. They are part of the Wabanaki Confederacy, which is made up of the Abenaki, Mi'kmaq, Penobscot, Peskotomuhkati, and Wolastoqiyik. There are seven districts within traditional Mi'kmaq territory, which includes the coastal regions of the Maritimes and the province of Quebec.





Everyone in Ms. Martin's class has lost  
at least one baby tooth.  
Everyone except Emma.



"Look, I have another wiggly tooth!" Nadine says.

"Me too!" Colin says.

"Me too!" Robin says.

"Not me," Emma says with a sigh.







Nadine wiggles her loose tooth  
from left to right with her tongue.

"My tooth is going to fall out soon!" Nadine says.

"Lucky," Emma whispers.







Colin wiggles his loose tooth  
back and forth with his finger.

"My tooth is going to fall out really soon!"  
Colin says.

"Really lucky," Emma whispers.





"Hurray! I just lost another tooth!" Robin cheers.

"So lucky," Emma says with a sigh.





Ms. Martin notices Emma frowning.

"Don't worry. You will lose your baby teeth soon enough. You just have to be patient."

"I can be patient . . . but not for very long,"  
Emma says.



"You know, Emma, having adult teeth is a big responsibility.  
You will have to take very good care of them."

Emma looks at Ms. Martin's beautiful smile.  
She has an idea, a great idea that will help her be patient.





"While I wait for my first tooth to fall out, I will investigate!"  
Emma says.



"Investigate?" Nadine says.  
"Yes, I need to know how to take good care of my teeth  
so my smile is as nice as Ms. Martin's."



Notepad in hand, Emma starts her investigation.

"How do you take care of your teeth?" Emma asks Colin.

"Well, I brush them."

"Every day?"

"Yes, after every meal and before I go to bed."

"Oh, I see . . ."



Emma draws a toothbrush  
in her notepad.  
Her investigation is going well.







"How do you take care of your teeth?"  
Emma asks Mr. Murphy, the custodian.

"I floss them."

"Every day?"

"Yes, at least once a day to clean between my teeth."

"Oh, I see . . ."

Emma draws dental floss in her notepad.  
Her investigation is going very well.



"How do you take care of your teeth?"  
Emma asks Ms. Parker, the bus driver.

"I eat nutritious foods."



"Every day?"

"Yes, foods like vegetables, nuts, milk and cheese."

"Oh, I see . . ."

Emma draws vegetables, nuts, a glass of milk  
and a piece of cheese in her notepad.  
Her investigation is going really well.







The investigation continues  
at home.

"Mommy, how do you take care of your teeth?"

"I go to the dentist."

"Every day?"

"No, twice a year."

"Oh, I see . . ."

Emma tries to draw a dentist in her notepad,  
but her dentist looks more like cauliflower.  
It doesn't matter because her investigation  
is going super-duper well.





Before falling asleep, Emma asks one last question.

"Daddy, how do you take care of your teeth?"

"I try not to eat sugary or sticky foods."

"Every day?"

"As often as I can."

"Oh, I see . . . ," Emma says with a yawn.

"I also give goodnight kisses as often as I can,"  
he says, kissing her on the nose.





That night, Emma  
has sweet dreams.





The next day on the school bus, Nadine, Colin and Robin are excited to see how Emma's investigation turned out.

"Did you find out how to take good care of your teeth?"

Nadine asks.

"Yes! And just in time, too, because . . ."







**I HAVE  
A WIGGLY  
TOOTH!**



CONGRATULATIONS!

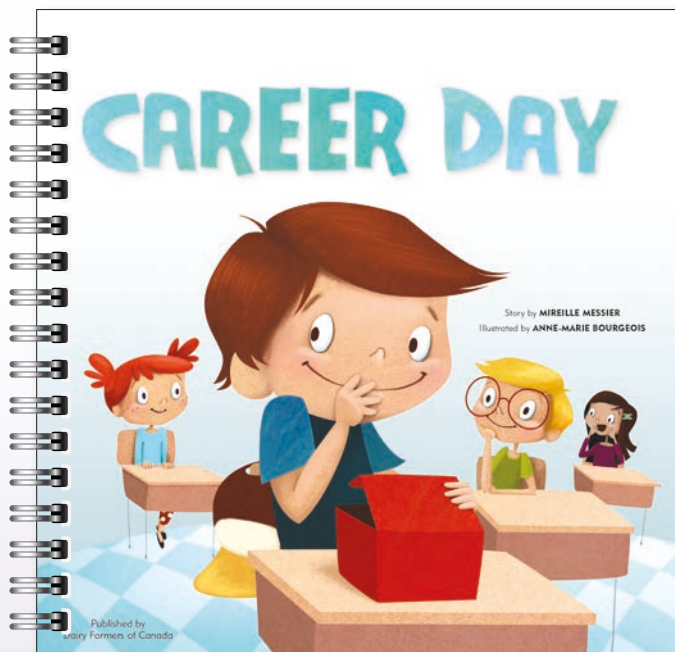








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