

ROASTED TOMATO AND FETA PASTA

INGREDIENTS

- 2 pints (1000 mL) grape tomatoes, stems removed
- 1 small onion, diced
- ¼ cup (60 mL) fresh basil, chopped
- 1 clove garlic, minced
- 2 tbsp (30 mL) olive oil
- ¼ tsp (1 ml) dried thyme
- ¼ tsp (1 ml) crushed pepper flakes
- ¼ tsp (1 mL) pepper
- 1 block (200 g) Canadian Feta cheese
- 2 cups (500 mL) whole grain penne pasta, dry

DIRECTIONS

- 1. Preheat oven to 400°F (200 °C).
- Add tomatoes, onion, basil, garlic, olive oil, thyme, pepper flakes and pepper to a large casserole dish. Mix to combine.

SERVES 4-6

- 3. Nestle the block of feta in the middle of the dish, surrounded by the tomatoes.
- 4. Bake uncovered for 45 minutes until most of the tomatoes have burst open.
- Cook pasta in a large pot according to the package instructions. Reserve 1 cup of pasta cooking water before draining.
- 6. Lightly mash the tomato and feta mixture with a potato masher or a fork.
- Combine the drained pasta with the tomato mixture. Add pasta cooking water if the mixture seems dry.
- 8. Stir in basil before serving.

NOTES

Add sliced olives for a flavour boost.

