



STRAWBERRY BANANA SMOOTHIE

SERVES
2

INGREDIENTS

- ¼ cup (60 mL) strawberry yogurt
- 1 cup (250 mL) strawberries, sliced
- 1 small banana, sliced
- 1 cup (250 mL) milk

DIRECTIONS

1. Place ingredients in a blender and mix until smooth.

NOTES

Switch it up! Freeze leftover smoothie in ice-pop molds.



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Easy to Make, Easy to Love. Recipes to Share with Others.