

FEEDING CANADA

Exploring Our Food System

– A VIDEO SERIES –



SUSTAINABLE FARMING

Pre-video

Q1: What comes to mind when you hear the terms *food system* or *food cycle*?

Q2: What areas of the food cycle do you feel most influence your food choices?

Post-video

Q3: What is sustainable farming?

Q4: What is an anaerobic digester?

Q5: The three best practices farmers use to care for their soil are no-till, crop rotation, and cover crops. What are the environmental benefits of no-till practices?

Q6: What is the purpose of beneficial insects?

Q7: What is an Environmental Farm Plan (EFP)? Why is it important?

Q8: What are on-farm assurance programs? Can you name one?

Additional Resources

- [Environmental Farm Plans snapAG](#)
- [Conservation Tillage snapAG](#)
- [Crop Rotation snapAG](#)
- [Soil snapAG](#)