

# KIDS COOKING CLUB

Simple recipes to enjoy together

## APPLE CHEESE BOAT

Makes  
1

### Ingredients

- ½ apple
- 1 thick slice Canadian cheddar cheese
- 1 tbsp (15 mL) puffed rice cereal
- 2 tsp (10 mL) peanut butter
- Toothpick



### Directions

1. Cut the apple so the stem is on the bottom and the apple sits flat.
2. Use a paring knife to cut around the core of the apple. Push out core and discard.
3. Cut a slice of cheese into a triangle with a butter knife.
4. Spread peanut butter on the cut side of the apple.
5. Pour cereal on a small plate. Press the apple with peanut butter side down into the cereal.
6. Use a toothpick to attach the cheese to the apple.

### Notes

- Large pieces of apple, thickly spread peanut butter and toothpicks are choking risks for children under the age of four.
- Remove toothpick from apple cheese boat before eating.



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